Course Description:
Our nine sessions introduce you to various considerations in recommending analysis, establishing a frame for the treatment, and managing boundaries. Readings, class discussions, and writing assignment contribute to your developing the analytic skills of listening-observing, conceptualizing, intervening, and reporting. Each student will be asked to provide written case material to be discussed in class. Please read the instructions for the writing assignment before the first class.

Learning Objectives:
This course is designed to help you:
1. Assess a patient for analyzability
2. Describe dynamics of establishing the frame
3. Recognize patterns of transference, countertransference, and enactment
4. Use multiple theories to inform technical choices
5. Write and present clinical material

Class 1, September 20, 2016: Introduction to the Course and Recommending Analysis

Class 2, September 27, 2016: Beginning Analysis and Establishing the Frame
- Ross (1999): Once More Onto the Couch: Consciousness and Preconscious Defenses in Psychoanalysis JAPA, 47:91-111

Class 3, October 4, 2016: Managing Boundaries and Self-Disclosure

October 11: NO CLASS
Class 4, October 18, 2016: Listening
• Arlow (1995): Stilted Listening [18pp]
• Thompson and Cotlove (2005), The Therapeutic Process: A Clinical Introduction to Psychodynamic Psychotherapy, Rowman and Littlefield Publishers, Inc., Chapter 4: Listening

Class 5, October 25, 2016: Understanding Transference and Countertransference
• Arlow (2002): Transference as Defense , JAPA 50/4, 1139-1150

Class 6, November 1, 2016: Recognizing Enactments

November 7: NO CLASS

Class 7, November 15, 2016: Using Theory to Inform Technique
• Pine (1998): Clinical Considerations Regarding Interpretation in the Four Psychologies, from Diversity and Direction in Psychoanalytic Technique, Other Press
• WPI supervisors evaluation form 1
• WPI supervisors evaluation form 2

November 22: NO CLASS

Class 8, November 29, 2016: Working Through and Ending Analysis

Class 9, December 6, 2016: Forming an Analytic Identity
• Smith (2001): Hearing Voices: The Fate of the Analyst’s Identifications , JAPA49/3, 781-812
• Ehrlich (2003): Being a Candidate: Its Impact on Analytic Process , JAPA 51/1, 177-200